Boesch Explains Self Defense

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"The Womanly Art of Self Defense" is common sense and good judgment according to Paul Boesch, Brown College's first after dinner speaker.

Speaking Wednesday night on the subject of his first book, Mr. Boesch said women bring these attacks on themselves through their own carelessness. They are over-confident, feeling such a thing could never happen to them.

A professional wrestler for thirty-three years, Mr. Boesch emphasizes prevention as the best means of protection, although he did suggest means of defense in case of attack.

In an effort to make women more aware of the danger of the situation, Mr. Boesch has spoken to various Houston groups. His book was also reprinted by the Houston Post in a series of articles last summer.

Lock The Doors
Mr. Boesch suggested the girls form habits to discourage would-be attackers. Automobiles, he remarked, were dangerous. Girls whether driving alone or with others should lock all the car doors to prevent someone jumping in the car. Another precaution is checking behind the front seat before entering a parked car.

Mr. Boesch repeatedly emphasized the fact that women should ignore men who bothered them, yet they should feel no hesitation in reporting them to the police or others in authority. They would be in this way protecting, not only themselves, but all women.

Stay In Car
Car trouble can be a serious problem for a woman traveling alone. Mr. Boesch recommended that women call ahead before leaving, to give their route and time of arrival. However, if the car does break down some distress signal such as a raised hood or trunk will call attention to the car.

Girls were advised to sit in their cars with the doors locked until help came. Even then they should be sure they can trust the person who stops before opening the doors to strangers.

Accept No Rides
Buses and bus stops are, next to the home, the most dangerous places for women alone. Girls were warned never to accept rides with anyone, regardless of how wet or cold it is. Mr. Boesch suggested that girls report all annoyers to the bus driver.

Crank telephone calls have been a major problem to Rice girls. All were urged not to say anything on the phone and to hang up immediately. Mr. Boesch felt that University action in place of individual attempts might succeed in getting the numbers listed under a street address instead of Rice University, which he thought would stop some of the calls.

Avoid Dark Areas
Well-lighted areas are rarely scenes of trouble according to Mr. Boesch, who said that the Women's College's parking lots were rather dark.

Mr. Boesch then went over the use of many common articles for self defense in case of an attack. His emphasis on attacking the eyes seemed brutal to many girls, who were perhaps not quite aware of the brutality with which they might be attacked.

The Houston Post is running another series of articles by Mr. Boesch this month which will be published in book form.